



<i>Full of Energy: Take Care of Yourself with Reiki</i>	
Objectives	Discover what Reiki is, how and where it is provided, and how you can learn to do Reiki to yourself!
Overview (outline)	Reiki is an ancient healing technique used in many health care settings. It supports your natural ability to heal your body, mind, emotions, and spirit, restores your energy, and promotes relaxation.
Honorarium Fee	Contact MEMS
CE Information	Contact MEMS